

**Big Wanda
Knows
Money**



1. Cashback rewards cards
2. Switch bank accounts
3. Negotiate new rates on your credit cards
4. Use Coupon Apps
5. Make meal plans
6. Make a grocery list and stick to it
7. Cherry pick the grocery deals
8. Buy generic
9. Pay attention to unit costs
10. Buy in bulk, but be careful
11. Pay attention to expiration dates
12. Speed up your grocery shopping
13. Sign up for the free loyalty cards
14. Bring your own grocery bags
15. Have a bi-monthly “clean out the pantry” week
16. Brown bag your lunch
17. Learn to use up leftovers
18. Plan for “I don’t feel like cooking” nights
19. Get a slow cooker
20. Become a vegetarian (some of the time)
21. Drink water
22. Eat in season and locally
23. Dine out intelligently
24. Eat less
25. Maintain your car